

ALBA MESSA

FILMOGRAPHY & STAGE

FILMS:

- “PIXEL THEORY”. Dir. Esaú Dharma and Mar Delgado.
- “LA MUJER QUE HABLABA CON LOS MUERTOS”. Dir. César del Álamo.
- “FARADAY”. Dir. Norberto Ramos del Val.
- “SUMMERTIME”. Dir. Norberto Ramos del Val.
- “TILDA and JEAN”. Dir. Darío Austrán. Nominated Best TV-Movie in Mestre Mateo 2014 Awards.
- “BUENAS NOCHES, DIJO LA SEÑORITA PÁJARO”. Dir. César del Álamo.
- “EL ÚLTIMO FIN DE SEMANA”. Dir. Norberto Ramos del Val.

Short films (resume):

- 2016: “(IN)VOLUNTARIO”. Pablo Silva.
- 2014: “KIDS LOVE TOYS”. Prada Brothers.
- 2014: “EL CASTING”. Inés de León.
- 2014: “SUPERCOOL”. Hugo Silva.
- 2013: “PANGEA”. Clara Santaolaya.
- 2013: “ÚLTIMA TRANSMISIÓN”. Sergio Morcillo.
- 2012: “EL BESO Y LA BALA”. Chema Villalba. Best Short Film Awards 2015 in the International Festival Sueños de Cine.
- 2012: “MIGHTY BOY”. Javier Yáñez.
- 2012: “DOCE”. Anxos Fazáns and Ángel López González.
- 2012: “EL REGALO”. Pablo F. López Pérez.
- 2012: “¿TE CONOZCO?” Director and screenplay. Finalist, Short Film Festival Cortos con Ñ 2012.
- 2010: “EL DESAYUNO”. Director and screenplay. Winner of the Audience Price ValetudoDVD 2011 (Seminci).
- 2009: “FRIKIS”. José Carlos Gómez. Winner, Short Film Festival Cortos con Ñ 2011.

Theatre:

- 2015: “WAITING FOR THE GIRL”. Norberto Ramos del Val. Short piece. Best actress “Short piece of theatre Mad 2015” Awards.

2014: "TRÍO". Héctor Montolíu. Short piece.
2013: "COMO DIOS". Eusebio Poncela y Facundo Fuentes de la Oca. Short Piece.
2012: "LA RONDA, LA CAMA Y EL TEXTO". Juan Carlos Corazza.
2012: "FICCIONAD@S". El Desayuno Producciones. Dir. Alba Messa.

Musicals:

2014: "AMIGAS DE ALQUILER". Director and actress. Short piece.
2011: "THREEPENNY OPERA" (B.Brecht Kurt Weill). Centro Dramático Gallego (CDG). Quico Cadaval y Diego García.
2010-2011: "SÁBADO 3:30". BRB International. Ricard Reguant.
2004: "SESFEBÚ". Dir. Jorge Moreno and Aurelio Martínez Seco.
2003: "LOS FIJIS, UNA HISTORIA MUY, MUY REAL" Francisco J.Álvarez García.

Television:

2014: "CIEGA A CITAS". (Big Bang Media. CUATRO). Series.
2014: "ISABEL" (DiagonalTV- TVE). Series.
2008-2009: "OS ATLÁNTICOS" (The Atlantics) (Filmanova-TVG). Series.
2006: "HEREXES. O LIBRO MÁXICO" (Heretic, the magic book) Documentary TV Movie. Dir. José de Cora.

TRAINING AS ACTRESS (resume):

2008-2012: **CORAZZA Studio**. Full standard course.
2014: Seminar for **professionals**. Juan Carlos Corazza.
2014: **Technique**. Lorena García de las Bayonas.
2013: **Conflict** seminar. Juan Carlos Corazza, Manuel Morón and Ana Gracia.
2012: **Voiceover/Dubbing**. Ana Isabel Hernando.
2010: **Technique** Seminar. Manuel Morón and Ana Gracia.
2010: **Expressive movement** seminar. Andrea Mizes and Antonio del Olmo.
2005: **Technique** (Begoña Valle) and **performance** (Mar Díez). **William Layton** Laboratory (Madrid).
2004-2006: *Espacio Abierto* Dance and Performance School (Santiago de Compostela). Carlos Neira.
2004: *Commedia dell'Arte*. Alfonso Rodríguez Rivera.
2004: **Performance**. Lola Fernández, Aarón Navia and Alberte Cabarcos.
2003: **Physical expression**. Pablo Rodríguez.

MUSICAL TRAINING:

2014: Solfeo, harmony and musical language. Gustavo Piqué.

2012: Voice Craft. Level 1.

2008: **Singing**. Robert Jeantal.

2002-2005: **Modern singing**. A Coruña Music School. Carmen Rey.

Piano (1999-2001) and **singing** (1996-2002). AULOS Music School (Lugo).

1992-2001: **Musical language**.

1992-2000: **Guitar**.

TRAINING AS DANCER:

2014-2016: **Jazz**. Fleur Murray and Alex Turner (Pineapple-London), Yolanda Molina (Karen Taft Dance School).

2016: **Contemporary Jazz**. Tjasa Zibert (Pineapple-London).

2009-2016: **Contemporary dance**. Maria Jacob (Pineapple-London), Jaime Urciuoli, Helena Berrozpe, Francesc Bravo and Bárbara Fritsche (Karen Taft Dance School), Javier Derviche, Mónica García, Antonello Tudisco.

2009-2012: **Classical Ballet**. Adam Pudney, Amber Doyle (Pineapple-London), Olga Escobar, Rebeca Ortega, Cristina Sterner, Cristina Arnau, Urielle Perona, Natalia Burgos, Marta Arcos, Ana López (Karen Taft Dance School), Berta Secall...

2015: **Modern**. Joana Quesada.

2015: **Graham** Technique. Nuria Jiménez.

Special skills: Dancer, Singer, Song writing, Presenter, Guitar, Ukulele, Improvisation, Licensed Driver, Spanish Accent, Fluent Spanish, Galician, Voiceover, Degree in Journalism (USC)